

## TRAVAIL SUR ERGOMETRE POUR LE MOIS DE JANVIER ET FEVRIER

	B5	B4	B3	B2		B1		RECORD	TEMPS AU 500	DISTANCE	RAMEUR	DATE	CAT	CLASST GEN	CLASST HOM	CLASST FEM	CLASST EIM LYC HOM	CLASST EIM LYC FEM	CLASST EIM COL HOM	CLASST EIMCOL FEM	
	100%	95%	90%	85%	80%	75%	70%														
06:08:00	01:32:00	01:37:00	01:41:20	01:46:20	01:50:40	01:55:00	02:00:00	06:07:30	#####	2000m	LOUIS GACIA	RECORD 2016									
06:36:00	01:39:00	01:44:35	01:49:30	01:54:25	01:59:20	02:04:15	02:09:10	06:37:08	#####	2000m	PIERRE BRISSAUD	11/12/2016	1	1							
07:04:00	01:46:00	01:51:30	01:57:00	02:02:29	02:07:19	02:12:50	02:18:20	07:32:30	#####	1000m	AUDREY BELKHIR	11/12/2016	HANDI LTA								
07:08:00	01:47:00	01:52:35	01:58:10	02:03:05	02:08:40	02:14:15	02:19:10	07:08:00	#####	2000m	NICOLAOS TSIVDARIS	11/12/2016	JH	2	2		1				
07:08:00	01:47:00	01:52:35	01:58:10	02:03:05	02:08:40	02:14:15	02:19:10	03:34:08	#####	1000m	MATTHEW FLINT	11/12/2016	VH	3	3						
07:12:00	01:48:00	01:53:40	01:59:20	02:04:19	02:09:59	02:15:00	02:20:40	07:13:20	#####	2000m	ALEXANDROS VAYAKIS	11/12/2016	JH	4	4		2				
07:16:00	01:49:00	01:54:45	02:00:30	02:05:34	02:11:20	02:16:25	02:22:10	05:27:08	#####	1500m	YOHANN CHAFIK	11/12/2016	CH	5	5						
07:20:00	01:50:00	01:55:50	02:01:00	02:06:49	02:12:00	02:17:50	02:23:00	07:22:07	#####	2000m	LUCAS APPRUZESSE	24/09/2016	JH	6	6						
07:24:00	01:51:00	01:56:55	02:02:10	02:08:04	02:13:20	02:19:15	02:24:30	03:42:40	#####	1000m	LOGAN WAGNER	11/12/2016	MH	7	7			1			
07:24:00	01:51:00	01:56:55	02:02:10	02:08:04	02:13:20	02:19:15	02:24:30	07:27:40	#####	2000m	NICOLAS BOURSIN	23/09/2016	JH	8	8		3				
07:32:00	01:53:00	01:59:05	02:04:30	02:10:34	02:16:00	02:21:25	02:27:30	03:46:09	#####	1000m	JULIE LEVESY	11/12/2016	MF	9		1					1
07:40:00	01:55:00	02:01:15	02:06:50	02:12:25	02:18:00	02:24:15	02:29:50	03:51:09	#####	1000m	FABRICE SIMON	11/12/2016	VH	10	9						
07:44:00	01:56:00	02:02:20	02:08:00	02:13:40	02:19:20	02:25:00	02:31:20	05:48:07	#####	1500m	LUIS REICH	11/12/2016	CH	11	10				2		
07:44:00	01:56:00	02:02:20	02:08:00	02:13:40	02:19:20	02:25:00	02:31:20	03:52:50	#####	1000m	JAMES FRANCOM	11/12/2016	MH	12	11				3		
07:44:00	01:56:00	02:02:20	02:08:00	02:13:40	02:19:20	02:25:00	02:31:20	03:52:10	#####	1000m	ANTON JOURD'HEUIL	01/12/2016	MH	13	12				4		
07:52:00	01:58:00	02:04:30	02:10:20	02:16:10	02:22:00	02:27:50	02:33:40	05:56:09	#####	1500m	DYVIANSHU BHARDWAJ	11/12/2016	CH	14	13		4				
07:56:00	01:59:00	02:05:35	02:11:30	02:17:25	02:23:20	02:29:15	02:35:10	07:56:09	#####	2000m	LAURENCE BRISSAUD	11/12/2016	SF	15		2					
08:00:00	02:00:00	02:06:00	02:12:00	02:18:00	02:24:00	02:30:00	02:36:00	04:00:06	#####	1000m	LEO MAURIAT	11/12/2016	MH	16	14				6		
08:04:00	02:01:00	02:07:05	02:13:10	02:19:15	02:25:20	02:31:25	02:37:30	04:02:00	#####	1000m	MARIO HANNES	11/12/2016	MH	17	15						
08:04:00	02:01:00	02:07:05	02:13:10	02:19:15	02:25:20	02:31:25	02:37:30	08:06:09	#####	2000m	FANNY GUENDE	11/12/2016	JF	18		3					
08:04:00	02:01:00	02:07:05	02:13:10	02:19:15	02:25:20	02:31:25	02:37:30	08:06:09	#####	2000m	AMAN BANSAL	11/12/2016	JH	19	16		5				
08:04:00	02:01:00	02:07:05	02:13:10	02:19:15	02:25:20	02:31:25	02:37:30	06:05:20	#####	1500m	ADRIEN CARRAZ	11/12/2016	CH	20	17						
08:04:00	02:01:00	02:07:05	02:13:10	02:19:15	02:25:20	02:31:25	02:37:30	06:05:40	#####	1500m	HONOVI LOPEZ	13/10/2016	CH	21	18		6				
08:08:00	02:02:00	02:08:09	02:14:20	02:20:30	02:26:40	02:32:50	02:39:00	06:07:06	#####	1500m	AYMERIC CHOSNAKI	11/12/2016	CH	22	19				7		
08:08:00	02:02:00	02:08:09	02:14:20	02:20:30	02:26:40	02:32:50	02:39:00	04:05:09	#####	1000m	NADINE HAMARD	11/12/2016	VF	23		4					
08:12:00	02:03:00	02:09:15	02:15:30	02:21:45	02:28:00	02:34:15	02:40:30	06:12:00	#####	1500m	CLAIRE RIEHL	11/12/2016	CF	24		5					2
08:12:00	02:03:00	02:09:15	02:15:30	02:21:45	02:28:00	02:34:15	02:40:30	06:12:08	#####	1500m	ELEANOR MARTIN	11/12/2016	CF	25		6					3
08:12:00	02:03:00	02:09:15	02:15:30	02:21:45	02:28:00	02:34:15	02:40:30	04:08:30	#####	1000m	MARISOL MARTINEZ	11/12/2016	MF	26		7					4
08:12:00	02:03:00	02:09:15	02:15:30	02:21:45	02:28:00	02:34:15	02:40:30	06:12:50	#####	1500m	GUILLAUME ROY	10/11/2016	CH	27	20						
08:12:00	02:03:00	02:09:15	02:15:30	02:21:45	02:28:00	02:34:15	02:40:30	08:17:40	#####	2000m	LOUNA BARNON	11/12/2016	JF	28		8		1			
08:24:00	02:06:00	02:12:30	02:19:00	02:25:30	02:31:20	02:37:50	02:44:20	06:18:30	#####	1500m	MARICATLYN FLINT	11/12/2016	CF	29		9					5
08:28:00	02:07:00	02:13:35	02:20:10	02:26:05	02:32:40	02:39:15	02:45:10	06:22:20	#####	1500m	NAHUEL DUTAL	11/12/2016	CH	30	21				8		
08:28:00	02:07:00	02:13:35	02:20:10	02:26:05	02:32:40	02:39:15	02:45:10	04:15:10	#####	1000m	NATHALIE MORVAN	11/12/2016	VF	31		10					
08:40:00	02:10:00	02:16:50	02:23:00	02:29:50	02:36:00	02:42:50	02:49:00	04:20:08	#####	1000m	MICHELE HUGUENIN	11/12/2016	VF	32		11					
08:40:00	02:10:00	02:16:50	02:23:00	02:29:50	02:36:00	02:42:50	02:49:00	06:30:50	#####	1500m	CAMILLE SIMONIN	03/11/2016	CF	33			2				
08:40:00	02:10:00	02:16:50	02:23:00	02:29:50	02:36:00	02:42:50	02:49:00	06:31:08	#####	1500m	SAMUEL PINCHES	11/12/2016	CH	34	22				9		
08:44:00	02:11:00	02:17:55	02:24:10	02:31:05	02:37:20	02:44:15	02:50:30	06:35:40	#####	1500m	JULIE VENDEVILLE	11/12/2016	CF	35		13					6
08:48:00	02:12:00	02:19:00	02:25:20	02:32:20	02:38:40	02:45:00	02:52:00	04:25:50	#####	1000m	DANIELLE ACCORSI	11/12/2016	VF	36		14					
08:52:00	02:13:00	02:20:05	02:26:30	02:33:35	02:40:00	02:46:25	02:53:30	04:27:06	#####	1000m	THEODOROS VAYAKIS	11/12/2016	MH	37	23				10		
09:00:00	02:15:00	02:22:15	02:28:50	02:35:25	02:42:00	02:49:15	02:55:50	06:45:50	#####	1500m	ELOISE SERRES	11/12/2016	CF	38		15					7
09:00:00	02:15:00	02:22:15	02:28:50	02:35:25	02:42:00	02:49:15	02:55:50	07:06:07	#####	1500m	CHRISTOPHE NOTEBAERT	13/10/2016	CH	39	24		7				
09:04:00	02:16:00	02:23:20	02:30:00	02:35:25	02:43:20	02:50:00	02:57:20	04:33:30	#####	1000m	DANIEL PALMER	03/11/2016	MH	40	25				11		
09:08:00	02:17:00	02:24:25	02:31:10	02:36:25	02:44:40	02:51:25	02:58:10	04:34:10	#####	1000m	ROMANE VAUGOYEAU	11/12/2016	MF	41		16					
09:08:00	02:17:00	02:24:25	02:31:10	02:36:25	02:44:40	02:51:25	02:58:10	09:09:06	#####	2000m	ANNI KAISA JOKINEN	03/11/2016	JF	42		17		3			
09:08:00	02:17:00	02:24:25	02:31:10	02:36:25	02:44:40	02:51:25	02:58:10	04:35:20	#####	1000m	MERCEDES CHARRETTON	11/12/2016	VF	43		18					
09:16:00	02:19:00	02:26:35	02:33:30	02:38:25	02:47:20	02:54:15	03:01:10	04:38:08	#####	1000m	SARAH TOWNSEND	11/12/2016	VF	44		19					
09:20:00	02:20:00	02:27:00	02:34:00	02:39:25	02:48:00	02:55:00	03:02:00	09:20:20	#####	2000m	CARLA GAILLARD	17/11/2016	JF	45		20		4			
09:24:00	02:21:00	02:28:05	02:35:10	02:40:25	02:49:20	02:56:25	03:03:30	09:21:08	#####	2000m	ELEONORE RIGAL	17/11/2016	JF	46		21		5			
09:28:00	02:22:00	02:29:10	02:36:20	02:41:25	02:50:40	02:57:50	03:04:59	07:08:10	#####	1500m	MAÏLYS MARSEILLE	03/11/2016	CF	47		22		6			
09:28:00	02:22:00	02:29:10	02:36:20	02:41:25	02:50:40	02:57:50	03:04:59	09:30:10	#####	2000m	CLEMENCE QUINTALLET	17/11/2016	JF	48		23		7			
09:32:00	02:23:00	02:30:15	02:37:30	02:42:25	02:52:00	02:59:15	03:06:30	07:08:50	#####	1500m	CHLOE HAMARD	05/11/2016	CF	49		24		8			
09:44:00	02:26:00	02:33:30	02:41:00	02:45:25	02:55:20	03:02:50	03:10:20	04:52:06	#####	1000m	BABOU FALCONE	11/12/2016	VF	50		25					
09:44:00	02:26:00	02:33:30	02:41:00	02:45:25	02:55:20	03:02:50	03:10:20	07:18:07	#####	1500m	CAMILLE VEDANI	24/09/2016	CF	51		26					
09:52:00	02:28:00	02:35:40	02:43:20	02:47:25	02:58:00	03:05:00	03:12:40	07:24:40	#####	1500m	ELISA FERRAND	03/11/2016	CF	52		27		9			
09:56:00	02:29:00	02:36:45	02:44:30	02:48:25	02:59:20	03:06:25	03:14:10	04:58:08	#####	1000m	LOUIS GIRARDIN	01/12/2016	MH	53	26				12		
10:00:00	02:30:00	02:37:50	02:45:00	02:49:25	03:00:00	03:07:50	03:15:00	05:01:07	#####	1000m	ELISABETH VAUDOIS	11/12/2016	VF	54		28					
10:00:00	02:30:00	02:37:50	02:45:00	02:49:25	03:00:00	03:07:50	03:15:00	10:03:50	#####	2000m	SUZANNE BONHOMME	17/11/2016	JF	55		29		10			